

NDE Alliance for a Healthier Generation 10-step Checklist

Clarkson Public Schools

Agency ID Number/Agreement Number 19-0058

Wellness policy contact name (first & last)

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1. The policy identifies one or more district/school/RCCI official(s) who have the authority and responsibility for ensuring that each site complies with the policy.

Rating 2

2. The policy includes language inviting parents, students, representatives of the school food authority (SFA), teachers of physical education, health professionals, the school/RCCI board, administrators, and the general public to participate in the development, implementation, review and update of the LWP.

Rating-2

3. The policy includes language describing the methods for informing the public (including parents, students, and others in the community) about the LWP, and updates this information on an annual basis.

Rating-2

4. The policy includes language that outlines the triennial assessment. At least once every three years, the following is measured and made available to the public:
 - the extent to which the school(s) comply with LWP;
 - the extent to which the LWP compares to model local wellness policies;
 - the progress made in attaining the goals of the LWP

Rating-2

5. The policy includes nutrition standards for all foods and beverages sold on the school campus during the school day that are consistent with federal regulations for school meals and the Smart Snacks in Schools nutrition standards.

Rating-2

6. The policy includes standards for foods and beverages provided, but not sold, to students during the school day (e.g. in classroom parties or classroom snacks brought by parents).

Rating 2

7. The policy includes specific goals for nutrition education and promotion activities.

Rating 2

8. The policy includes requirements for marketing and advertising of only those foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus during the school day.

Rating 2

9. The policy includes specific goals for physical activity opportunities.

Rating 2

10. The policy includes specific goals for other school-based activities that promote student wellness.

Rating 2

Discussion/Notes:

Our Wellness Committee has used our triannual wellness assessment to guide meaningful improvements across the district. Based on survey feedback from both students and staff, we have made adjustments to our lunch program and will continue to monitor its effectiveness moving forward.

Beginning in the 2026–2027 school year, we will expand our physical education offerings to include courses such as strength training, personal wellness, and lifetime activities, providing students with more opportunities to build healthy habits.

In addition, our district remains committed to supporting student well-being by continuing to offer weekly mental health services at no cost to families through the ESU.

Questions? Contact: lauren.christensen@nebraska.gov